**[Title]**

**Set-up (files to upload)**

| Actual Time | 4 Min-Blocks | Duration | Topic/Content | Type of Participation | Materials Needed |
| --- | --- | --- | --- | --- | --- |
|  | 4 | 4 |  |  |  |
|  | 4 | 4 |  |  |  |
|  | 4 | 12 |  |  |  |
|  | 4 | 16 |  |  |  |
|  | 4 | 20 |  |  |  |
|  | 4 | 24 |  |  |  |
|  | 4 | 28 |  |  |  |
|  | 4 | 32 |  |  |  |
|  | 4 | 36 |  |  |  |
|  | 4 | 40 |  |  |  |
|  | 4 | 44 |  |  |  |
|  | 4 | 48 |  |  |  |
|  | 4 | 52 |  |  |  |
|  | 4 | 56 |  |  |  |
|  | 4 | 60 |  |  |  |
|  |  | 64 |  |  |  |
|  |  | 68 |  |  |  |
|  |  | 72 |  |  |  |
|  |  | 76 |  |  |  |
|  |  | 80 |  |  |  |
|  |  | 84 |  |  |  |
|  |  | 88 |  |  |  |
|  |  | 90 |  |  |  |